

4s TOURNAMENT RULES

Tournament Format: Round robin pool play followed by single elimination playoffs.

Roster: 4 players; must consist of 2 men and 2 women. Must be 18 years or older to participate. All players must sign a waiver prior to playing, this includes any injury replacement players.

Coed Rule: Each team must have 2 women on the court at all times, but there is no rule stating that one of them must touch the ball on each possession.

Rotation: Rotating positions is not required. However, you must rotate through a serve order (everyone must serve).

Reffing: The entire tournament is self-ref. Please be honest and truthful about any violations that occur. It will be a much more enjoyable tournament if everyone plays by the same set of rules. If a point cannot be agreed upon, replay the point.

Scoring: In both pool play and the playoffs, all scoring will be a race to a set number. This means whoever reaches the number first, wins. Please be sure to remember your score as you will submit the scores to the Tourney HQ table. The matches will be formatted as the following:

- Round robin pool play: 2 sets, race to 25
- Playoff: Best 2 out of 3. First 2 sets are race to 25, 3rd set (if needed) is race to 15

Tips: No open hand tips.

Lifts: No lifting or carrying of the ball upward. Contact should be made in a hitting motion and shouldn't rest on one's hands or arms.

Double Contact: Players may double contact any 1st ball over (including serves) provided the ball is not held. Players may NOT double contact the 2nd or 3rd hits.

Let Serves: Let serves are NOT legal. (What is a let serve? When the served ball hits the net and goes over in the field of play. This will be a sideout and the point is awarded to the other team.)

Net Contact: If a player comes in contact with the net during play, play should stop immediately and the point is awarded to the other team.

Under the Net: If a player goes under the net, play should stop immediately and the point is awarded to the other team. In the interest of safety, please be aware of where you are on the court and avoid the possibility of injuries at the net.

Setting Over: Setting over the net is NOT allowed at any time. If the ball is set and goes over the net, then play stops and the point is awarded to the other team. This same rule applies to two-hand "pushes".

Blocking: Directional blocking is allowed. A block is not counted as a team hit.

Time Outs: Each team is allowed one timeout per set.

Side Changes: Teams should switch sides of the court after every 10 points in games to 25, and every 5 points for games to 15.

Volleyballs: Please bring your own volleyball to practice with. Game balls will be provided at each court.

Shoes: You can either play barefoot or in shoes. No hard or metal spikes are allowed.